



“Change isn’t change until you change”

After a fight with his girlfriend, Paul Bravo headed to his cousin’s house to hang out as he typically did when he was in the mood to have a few drinks. His cousin, an addict, offered him heroin. At 24 years old, Paul developed a substance use disorder.

Paul spent decades living a life of crime and homelessness which led to losing not just his first, but second family. Every time he lost his children, failed, he fell deeper into addiction, leading him to a crossroad. He was tired and out of options so he resigned his destiny to God.

He is now 13 years sober and adamantly credits God for his successful recovery. Paul’s work at Victory Outreach Ministries resulted in reunification with Aimee, his wife, and they have been working together serving individuals who share stories similar to theirs.

When compared with people being treated for high blood pressure and asthma, relapse rates for people being treated for substance use disorders are very similar. Substance use disorders should be treated without stigma like any other chronic illness or disease.

